



North Carolina, Triangle Chapter



Society of
Women
Environmental
Professionals

Is Fear Limiting Your Career?

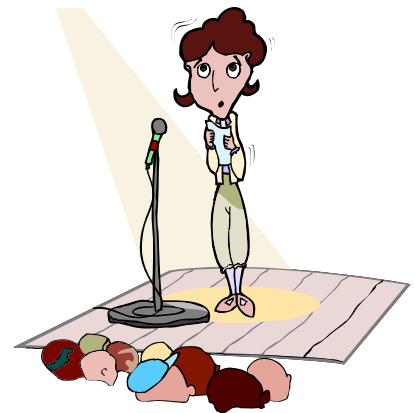
Please join the Society of Women Environmental Professionals - NC Triangle Chapter for this beneficial public speaking workshop to address this issue and more!

Learning how to be an effective public speaker can be the key difference between success and failure in your life at home, at work and in your own community. Unfortunately, many people suffer from fear of public speaking. What good is having the information you want to deliver if you can't keep your audience's attention? Please join the NC Triangle chapter of SWEP for a public speaking coaching seminar. Jillian Bowlin will help you identify your strengths and areas of opportunity in public speaking with an interactive workshop with particular emphasis on exuding confidence, engaging your audience and eliminating distractions. The skills you enhance will benefit your speaking in any setting: at home, in job interviews, professional presentations, and beyond.

DATE: Tuesday, November 16, 2010

TIME: 5:30 – 7:30 pm

**LOCATION: Durham Public Library
South Regional Meeting Room
4505 S. Alston Avenue**



About our presenter: Jillian Bowlin is a certified senior professional in human resources (SPHR) with a passion for public speaking and a desire to help business professionals improve their confidence in speaking. Jillian graduated from Appalachian State University with a bachelor of science in electronic media and broadcasting. She has been voted best speaker and best speech evaluator on multiple occasions within capital city toastmasters, where she holds the office of secretary. She lives in Cary with her husband and 2 children.

REGISTRATION: Please RSVP to swepnctriangle@gmail.com by Friday, November 12 if you plan on attending so that we can get an accurate headcount. Directions and information will be emailed to those that RSVP.

For questions regarding this event, or to RSVP, send an email to swepnctriangle@gmail.com